# <section-header>

#### **SOUP & ROLL LUNCH**

FRIDAY 14<sup>th</sup> MARCH at St PETER'S HALL 12 - 1:30pm to support this LENT's FAMILY FAST DAY

As we celebrate Lent in this Jubilee year, let us all embrace the theme Pilgrims of Hope, chosen to inspire peace-building in a world threatened by climate change and ongoing conflicts. In this spirit, you can help families like Lokho's to get a safety net so they can get through times of crisis and begin to build a better future

#### A Net of Hope

A shade net, sturdy enough to shield delicate plants from the blistering sun while allowing every precious drop of rain to reach the soil. This innovative "anti-greenhouse net" became their safety net, helping their community thrive. Thanks to the generosity of people like you, our local partner was able to show Lokho and her neighbours how to use this tool, keeping their crops and their dreams alive. With your support, more families can overcome challenges, build resilience, and plant the seeds of hope for generations to come

Ann Allison



	St Joseph's	St Peter's	Our Lady's
Sunday masses			
Saturday		5pm Vigil	
Sunday	10:00	11:15 sung	9:15 sung
	5:30pm		
Weekday masses			
Monday	00-20		
Tuesday			
Wednesday		Weekday mass times	10:00
Thursday	vary—please consult the newsletters		
Friday			
Saturday	05.00		

#### **The Parishes on the Web**

#### Facebook pages

please follow for up-to-date announcements or corrections St Peter's - RCatholicLeamington Our Lady's – ourladyslillington St Joseph's – stjosephswhitnash Websites St Peter and Our Lady's - <u>catholicleamington.org.uk</u> St Joseph's - <u>stjosephs47.org.uk</u> Email St Peter and Our Lady's -<u>Stpeterapostle.leamington@rcaob.org</u> St Joseph - Stjoseph.whitnash@rcaob.org.uk

#### **Lenten concert**

St Peter's Saturday 5th April at 6:30pm

Stainer's Crucifixion performed by St Peter's choir and friends

Pergolese's Stabat Mater, performed by Anne-Claire Bennion (Soprano), Penny Turnbull (Alto) and Christine O'Grady (Organist)

Free admission with retiring collection

Anne-Claire Bennion

#### **Banbury & Warwick Deanery**

Website: https://banburyandwarwick-catholicdeanery.org.uk

#### LENT AT ST PETER'S & OUR LADY'S

Stations of the Cross Mondays 10:30am at St Peter's Wednesdays after morning Mass at Our Lady's

Early Friday Mass at St Peter's 7am every Friday

Vespers for Lent Sunday 23 March 4pm at Our Lady's

Catholic Leamington Lent Study Group

Getting More out of the Mass designed for all, informative with a time for questions and discussion at St. Joseph's Parish Hall, Murcott Road East, Whitnash. Starts 13 March and every Thursday up to 10 April. Please contact liz.mottram@ntlworld.com for info [and see page 7]

**Regular Confession Times** Saturdays at St Peter's 9:15 - 9:45am before Mass and 4:15 - 4:45pm before Mass There will also be a day of confessions before Holy Week

**Regular Holy Hour at St Peter's** Saturdays 9:00 - 10:00am

**CAFOD Soup Lunch** Friday 14 March 12:00 -1:30pm in St Peter's Hall in support of CAFOD Fast Day

Fr Stephen

#### Saturday 22nd March Day Pilgrimage

#### to one of our Diocesan Jubilee churches Littlemore, Oxford

The College of St John Henry Newman and Blessed Dominic Barberi Church OX4 4JX. This Deanery event is open to all

10:30 Arrival and Mass

**11:30** Coffee – A Talk in the hall

**12:30** Visit of The College ( at least two groups, guided by the Sisters of the Work)

**13:30** Lunch in the hall (bring a packed lunch, hot drinks available there)

about 14:00 Exposition in the church

15:00 Cup of tea in the hall to finish

There is plenty of parking at the church

It would be very helpful to know how many are coming - please contact <a href="mailto:peter.rand@btinternet.com">peter.rand@btinternet.com</a> to register your interest

#### Holy Week and Easter at St Joseph's Catholic Church

**Palm Sunday**, blessing of Palms and Holy Mass at usual Sunday times, 10am and 5:30pm

Monday in Holy Week, Mass 9:30am and Stations of the Cross at 6:30pm

Tuesday in Holy Week, Mass 9.30am and Stations of the Cross at 6.30pm

**Holy Thursday** 8:00pm Mass of the Lord's Supper and silent prayer until midnight to follow

Good Friday 10am Stations of the Cross

**11am** Good Friday walk- *prayer at various stations starting from the Methodist Church nearby* 

**3:00pm** Liturgy of the Lord's Passion with veneration of the Cross

Holy Saturday 8:30pm Easter Vigil Mass

Easter Day 10.00am and 5:30pm Mass

The area covered by our parish includes Bishops Tachbrook and Warwick Gates. The church is open every day for prayer. More details every week at <u>www.stjosephs47.org.uk</u>

Fr David / Hazel Simmons

EXTRA is primarily for information that we do not have room for in parish newsletters

After a discussion between clergy and laity in the area, EXTRA is expanding to be a channel of communication between all the parishes in our cluster/ Mission including Warwick and Kenilworth

Please submit articles before the end of each month for the next edition in pdf or Microsoft Word to hathawayfamily@aol.com. By 31 March for the April edition

EXTRA can be sent directly to you as an email attachment if you contact the above. Your email address will not be revealed to others

Fr David

# *Vive*simply parish

#### Some Live Simply ideas for Lent 2025

During Lent we often try to give up things we enjoy or do extra things for others. We do this so we can practice self-discipline and remember the sacrifices Jesus made for us. We can also use this time to try and live more simply helping us to prepare for Easter by removing distractions and allowing us to focus on what is important. Here are some ideas to try and live more simply during Lent and who knows, maybe some of them will last beyond Easter...

- Spend less time on phones/electronic devices this can be difficult especially when we need our devices in our work and home lives, but simple steps such as removing social media apps from phones and setting time limits on our phones can help. Try and make this a more permanent change and you are likely to notice a positive impact on your health and happiness! There are books that can guide you through making more permanent changes such as *How to Break up with your Phone* by Catherine Price
- Walk or wheel rather than taking the car when you can and if you are able to. Some journeys might take you longer (some won't!) but as the days become longer and the weather warms, this gives you an opportunity to spend time outdoors. See how many different birds you can hear and identify <u>https://www.rspb.org.uk/birds-and-wildlife/identifying-birds/bird-song-identifier</u> or listen to some music or a podcast or chat to family/friends as you walk
- Give up meat or designate a few "meat-free" days each week if you're a keen meat-eater, can you reduce your reliance and discover some delicious vegetarian or vegan meals? Reducing your meat intake can have positive benefits on your health, purse and the environment. For ideas search online or perhaps treat yourself to a new recipe book. Here are some ideas for meat-free versions of some classic dishes: <a href="https://www.bbcgoodfood.com/howto/guide/classic-recipes-minus-meat">https://www.bbcgoodfood.com/howto/guide/classic-recipes-minus-meat</a>
- Make an extra effort to look out for neighbours/those in your community say hello to someone you see regularly but don't really know, such as chatting to someone after Mass who you don't know. Try and be more observant about those around you and think about how you can enhance your local community

What else could you do this Lent (and beyond...) to try and live more simply, sustainably and in solidarity with the poor? If you want to discuss how as a parish we can do more, come and chat to the friendly Live Simply team, Sioned, Jenny, John, Louise and Katherine who can usually be found at Our Lady's Mass on Sunday mornings. Sioned can be contacted at <u>sioned hammondjones@yahoo.co.uk</u>

Sioned Harper

# Lenten Alms Appeal 2025

This year, the SPAN Lenten Alms Appeal will support local families, House of Light & Hope, and Friends of the Holy Land.

Last year's generous donations greatly benefited these causes.

In 2025, we will continue supporting: Local families with supermarket vouchers up to £60 per family.

#### The House of Light & Hope (www.livingbulwark.net)

Since the war commenced in October 2024 over 1.2 million people have been displaced forcing families to seek shelter in unsafe shelters, classrooms and churches.

As poverty deepens, many children are forced to drop out of school to contribute to their family's basic needs, often engaging in child labour in hazardous conditions.

The economic collapse has increased the vulnerability of children, exposing them to exploitative work and further exacerbating the risk of abuse.





#### The Friends of the Holy Land (based in Kenilworth) www.friendsoftheholyland.org.uk

Aim to establish resilient and enduring communities for vulnerable Christians in the West Bank, Gaza, Israel, and Jordan.

The organization has reported a growing fear and distrust among various religious communities. Their funds assist individuals in purchasing water, food, and essential medical supplies. Additionally, they provide support to small businesses and create employment opportunities. Unfortunately, international aid is slow to arrive. Furthermore, there has been a significant increase in the cost of everyday necessities.

Regrettably, the Friends of the Holy Land also report a widening divide among people of different religions, more pronounced than in previous conflicts.

Individuals of diverse faiths nolonger interact with each other on the streets, and there have been rising incidents of attacks on religious clergy.

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SPAN meets every 2nd Monday of the month. For further details please contact: Paul Hayden (Secretary): paulhayden444@gmail.com Jenny Armstrong (Chair): jenarmstrong@talktalk.net

www.catholicleamington.org.uk/span



# St Joseph's Church Whitnash

Murcott Road East , CV31 2JJ

# Saturday 22<sup>nd</sup> March

Doors Open 7pm for eyes down at 7.30pm

# Admission £6

Including 10 Games Bingo for Cash Prizes

## Raffle in aid of Myton Hospice

Tea and Coffee Provided ,Bring your own Food/Alcohol

### SUPPORTING THE HOUSE OF LIGHT & HOPE BEIRUT – LEBANON

The mission and work of the House of Light & Hope, a non-profit humanitarian association, is to look after the needs of young people involved in delinquency and drug addiction; some are homeless, illiterate, sexually exploited and often victims of poverty & violence.

It annually serves hundreds of boys & girls throughout Lebanon without discrimination of race, colour or religion.

A young girl, one of our beneficiaries,

endured physical and psychological

abuse from her parents.

At 17, she left home and lived on the

streets facing further abuse.

After marrying a man who forced her

into prostitution, he was imprisoned,

leaving her with two children.

To support them, she briefly returned

to prostitution but faced harassment from neighbours.

Stopping in order to protect her

children led to rent arrears and the

threat of eviction.

She sought help from HoLH,

which assisted with rent and helped

her secure a stable job under their

supervision and support.



A 12-year-old boy exemplifies resilience and determination despite facing numerous challenges. His family has encountered significant difficulties.

Over the past two years, his mother has been battling breast cancer, while his father, who has exhibited violent behaviour toward the boy and his 8-year-old brother, has left the household.

This departure has placed the responsibility of providing for the family's needs solely on the mother. In addition to undergoing chemotherapy treatments, she struggles to afford necessary medication and pay for her sons' education.

The overwhelmed mother often directs blame towards the older boy, making him feel that his academic shortcomings could contribute to her eventual death.

Every day after school, he attends remedial classes at the HoLH centre. He and his brother are provided with hot meals, participate in therapy sessions and receive psychological and social support.

Thanks to the resources and assistance from HoLH, the family has experienced positive changes.

Pray for the street children of the Nabaa District, where our centre is located.

They often don't wear shoes, even when it is raining. Most don't go to school, have no parental protection and live in insalubrious, overcrowded houses. They spend their days wandering around, playing hide-and-seek behind cars, using stones & rubbish as toys/going to internet cafes where adults take advantage of their innocence.



# LENT STUDY GROUP

#### **Getting more out of the Mass**

- designed for allcomers
- informative
- time for questions and discussion

#### Venue:

St Joseph's Parish Hall, Murcott Rd, Whitnash, CV31 2JJ

#### Dates:

Thursday 13<sup>th</sup> March

Thursday 20<sup>th</sup> March

Thursday 27<sup>th</sup> March

Thursday 3<sup>rd</sup> April

Thursday 10<sup>th</sup> April

Time: Starting at 7:30pm, directly after Mass at St Joseph's

If you would like to know more or simply wish to express an interest in attending the Lent Study Group, please contact liz.mottram@ntlworld.com



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## The Way of the Cross

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You are warmly invited to come to pray the stations of the cross during Lent
- we are using those designed by the Jesuit Refugee Service and they invite
us to think about all aspects of life as a refugee while we meditate on Jesus'
death and rising to new life

Mondays starting 10<sup>th</sup> March and on 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> March and 7<sup>th</sup> April at 10.30 am. at St Peter's

The Jesuit Refugee Service (JRS) is an international Catholic organisation, at work in over 50 countries

around the world with a mission to accompany, serve and advocate for the rights of refugees and other forcibly displaced persons

Their work is carried out in the spirit of mutual respect, dignity and solidarity with the refugees and forced migrants, and in collaboration with other organisations. Their work expresses the commitment of the Society of Jesus to stand with refugees around the world

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Jenny Armstrong

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